

APPENDIX A: Program Information

1. Name of program: Alateen
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? _____

4. What are the participation requirements?

<u>Participants are affected by someone's else drinking problem</u>	<u>Read & discuss from material provided</u>
<u>One teen volunteer to lead meeting</u>	<u>Learn/Work on the 12 Steps of recovery</u>
<u>talk"</u>	<u>Follow the meeting format & "do not cross talk"</u>

What are the eligibility requirements? Check all that apply.

<input checked="" type="checkbox"/> Age	<input type="checkbox"/> Behavior
<input type="checkbox"/> Gender	<input type="checkbox"/> Other: <u>Participants are affected by someone else's drinking problem</u>
<input type="checkbox"/> Diagnosis	
<input type="checkbox"/> Charge Type/Severity	
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____

6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Disruptive behavior during meeting only _____
Participants ages out (21+ years old _____
(can attend Al-Anon meetings instead) _____
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? N/A

9. Who decides success or removal from the EBP?
 - a. Name: N/A
 - b. Title: _____

10. Are officers involved in all or part of the programming?

Yes No

a. What are their specific roles?

11. Who oversees directly the potential for abuse of power?

a. Name: Vanessa Kranda

b. Title: Volunteer Alateen Sponsor

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? _____

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

Al-Anon Family Groups does backgrounds checks on adult, Al-Anon members who want to volunteer to sponsor Alateen meetings. Requirements are two years of continuous membership at Al-Anon meetings, passing the background check, and once a year Al-Anon Member in Alateen Service (AMIAS) Training renewal of certification. This is a voluntary service position. For AMIS'es at Institutions, sponsors also complete the GRF/San Diego County background check/pass it, and take the safety training at the GRF Facility.

14. Who provides supervision for the delivery and fidelity of the program?

Al-Anon Family Groups have members who facilitate yearly AMIS Training. Al-Anon also has District Representatives, Regional Representatives, and the World Service Office to review the fidelity of the Alateen Program.

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: AOD (Alcohol & Other Drug)
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? _____
Verify that various curriculums are evidence based.
4. What are the participation requirements?
Wards (Female) at GRF that are determined _____
to need AOD Services _____

What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: _____
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Inappropriate Behavior _____
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Participation in AOD individual and group during _____
stay at GRF.
9. Who decides success or removal from the EBP?
 - a. Name: Kathy Spencer
 - b. Title: Juvenile Recovery Specialist
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Training Officer – Sets Schedules _____

11. Who oversees directly the potential for abuse of power?
a. Name: Christopher Montoya
b. Title: SDYS Program Manager
12. Is the program contracted out? Yes No
a. If yes, who holds the current contract? San Diego County Behavioral Health
13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?
JRS at GRF is AOD Certified
CADC II, CCJP
14. Who provides supervision for the delivery and fidelity of the program? SDYS Program Manager – Christopher Montoya
a. Is that person on-site at the facility? Yes No

Program Manager is located at:

2901 Meadow Lark Drive
San Diego, CA. 92123

Work # (858) 492-2324
Cell # (619) 455-1303

APPENDIX A: Program Information

1. Name of program: Growing Opportunities Garden Program/CTE Horticulture Class
 2. Is this program evidence based? Yes No
 3. If yes, how does your facility determine if a program is evidence based? _____

 4. What are the participation requirements?
Girls must be full program _____

- What are the eligibility requirements? Check all that apply.
- | | |
|---|---|
| <input type="checkbox"/> Age | <input type="checkbox"/> Charge Type/Severity |
| <input checked="" type="checkbox"/> Gender (Female) | <input type="checkbox"/> Behavior |
| <input type="checkbox"/> Diagnosis | <input type="checkbox"/> Other: <u>Must be full program</u> |
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____

 6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Inappropriate use of tools _____
Inappropriate behavior with another girl _____

 - b. Are coping skills taught to manage demotion or removal? Yes No
 7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
 8. What is a "successful" completion? 6 weeks on the active list of program participants, at least 2 hours per week in the garden
 9. Who decides success or removal from the EBP?
 - a. Name: N/A
 - b. Title: _____
 10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?

11. Who oversees directly the potential for abuse of power?

a. Name: Tyra Myles / Deborah Roudenko

b. Title: SPO / SrPO

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? _____

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

VIP (Volunteer in Probation)

San Diego Master Gardener

14. Who provides supervision for the delivery and fidelity of the program? _____

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Juvenile Court Book Club
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Teachers do
Grade level and reading testing, JCBC does not.
4. What are the participation requirements?
All students in good standing are able to participate

What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: All students are eligible
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____

6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Removal from the program is the responsibility of the Probation Department and the
teaching staff. To my knowledge no student has ever been removed from the program.

 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? A student completes the program when released
from Girls Rehabilitation Facility
9. Who decides success or removal from the EBP?
 - a. Name: _____
 - b. Title: _____
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles? Probation staff and the San Diego Office of Education
to deliver our program to each site and to improve literacy levels and bring additional
resources including books and volunteers. Sere our website at uvenilecourbookclub.com
and review our reading schedules.

11. Who oversees directly the potential for abuse of power?

a. Name: _____

b. Title: _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? _____

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

14. Who provides supervision for the delivery and fidelity of the program? _____

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Mindfulness & Meditation
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Literature and Experience
4. What are the participation requirements?

<u>No mania</u>	<u>Not violent</u>
<u>Willing to be in Silence</u>	<u>Interested</u>
<u>Psychologically stable</u>	

What are the eligibility requirements? Check all that apply.

<input checked="" type="checkbox"/> Age	<input type="checkbox"/> Charge Type/Severity
<input checked="" type="checkbox"/> Gender	<input checked="" type="checkbox"/> Behavior
<input checked="" type="checkbox"/> Diagnosis	<input type="checkbox"/> Other: _____
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
If they are disruptive and do not let others allow others to be in silence
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? They like being in Silence, have more clarity and control over their thoughts.
9. Who decides success or removal from the EBP?
 - a. Name: Tyra Myles
 - b. Title: Supervising Probation Officer
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Chosse which girls come for the Program

11. Who oversees directly the potential for abuse of power?

a. Name: Tyra Myles / Deborah Roudenko

b. Title: Supervising Probation Officer / Senior Probation Officer

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? Volunteer – We Empower HER

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

Mediator for 26 years

14. Who provides supervision for the delivery and fidelity of the program? _____

Dr. Reichert came for Supervision once.

a. Is that person on-site at the facility? Yes No
2 Fridays per month.

APPENDIX A: Program Information

1. Name of program: Work Readiness Training
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? Completion of Portfolio Requirements
4. What are the participation requirements?
6 weeks of participation
1 hour of classroom instructions
- What are the eligibility requirements? Check all that apply.
 Age Charge Type/Severity
 Gender Behavior
 Diagnosis Other: _____
5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? _____
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Fighting
Abusive Verbal or Physical Behavior
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? Yes No
8. What is a "successful" completion? Completion of Portfolio
9. Who decides success or removal from the EBP?
 - a. Name: _____
 - b. Title: _____
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
Probation staff will help selecting students

11. Who oversees directly the potential for abuse of power?

a. Name: _____

b. Title: _____

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? SDCOE _____

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

CTE Credential from the State of CA _____

14. Who provides supervision for the delivery and fidelity of the program? _____

SDCOE Marisol Rerucha/Kym Milburn _____

a. Is that person on-site at the facility? Yes No

APPENDIX A: Program Information

1. Name of program: Youth Yoga
2. Is this program evidence based? Yes No
3. If yes, how does your facility determine if a program is evidence based? N/A
4. What are the participation requirements?
Don't disrupt class
Stay on your yoga mat

What are the eligibility requirements? Check all that apply.

<input type="checkbox"/> Age	<input type="checkbox"/> Charge Type/Severity
<input type="checkbox"/> Gender	<input type="checkbox"/> Behavior
<input type="checkbox"/> Diagnosis	<input checked="" type="checkbox"/> Other: <u>None</u>

5. Do some youth have leadership or authority over other youth in the program? Yes No
 - a. If yes, what control do they have over other youth? N/A
6. Removal From Program
 - a. Why would a youth be demoted or removed from the program?
Disrupting class
 - b. Are coping skills taught to manage demotion or removal? Yes No
7. Are effective leadership skills taught for youth who are given authority roles with regard to other youth in the program? N/A Yes No
8. What is a "successful" completion? Class participation
9. Who decides success or removal from the EBP?
 - a. Name: N/A
 - b. Title: _____
10. Are officers involved in all or part of the programming? Yes No
 - a. What are their specific roles?
N/A

11. Who oversees directly the potential for abuse of power?

a. Name: Tyra Myles

b. Title: Supervising Probation Officer

12. Is the program contracted out? Yes No

a. If yes, who holds the current contract? N/A

13. What are the licensing and credentialing requirements for the individuals who actually deliver the programming?

Bikram Yoga Teaching certificate

14. Who provides supervision for the delivery and fidelity of the program? _____

a. Is that person on-site at the facility? Yes No